<u>Woodside</u> Intermediate School

Start the day off right with a free school breakfast!

Breakfast is free to all students

Student Lunch \$2.90

Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables.

Alternate Daily Lunch Options:

Assorted sandwiches- Ham & Cheese, Turkey & Cheese or Tuna

Bagel & Yogurt Plate

Although we will do our best not to make substitutions, all menus are subject to change due to product shortages.

MONDAY

Boneless Chicken

Drummies

Dinner Roll

Fruit Choice

Oven Potatoes

Steamed Corn

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Toasted Cheese Sandwich **Tomato Soup** Garden Salad Fruit Choice

Goldfish Crackers

Rotini w/ Meat Sauce Salad Garlic Knot Glazed Carrots Fruit Choice

French Toast Sticks W/ Svrup Chicken Sausage Vegetable Juice Hash Brown Patties Fruit Choice

Cheese Pizza or Mozzarella Sticks Carrots & Celery Sticks Hummus Garden Salad Fruit Choice or Raisins



No School **Spring Break**



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Popcorn Chicken Mashed Potatoes Gravv Dinner Roll Corn Fruit Choice

Cheeseburger on Whole Grain Roll **Baked Beans** Potato Chips Fruit Choice

Mac N Cheese Crisp Romaine Salad Steamed Green Beans Dinner Roll Fruit Choice

Hot Dog on WG Roll Curly Fries **Baked Beans** Fruit Choice

Cheese Pizza or Mozzarella Sticks Carrots & Celery Sticks Hummus Garden Salad Fruit Choice or Raisins

Chicken Tenders Oven Potatoes WG Roll Steamed Corn Fruit Choice

Stuffed Breadsticks Marinara Sauce Steamed Broccoli Egg Noodles Fruit Choice

24 **Half Day**

WG Mini Pancakes Chicken Sausage Veggie Juice Hash Brown Patties Fruit Choice

Nacho Plate Meat and Cheese Tortilla Chips Salsa, Sour Cream Black Bean and Corn Fiesta Fruit Choice

Cheese Pizza Carrots & Celery Sticks Hummus Garden Salad Fruit Choice or Raisins

Chicken Patty on WG Roll Oven Potatoes **Glazed Carrots** Fruit Choice

Sloppy Joe on a WG Roll Potato Chips Steamed Corn Fruit Choice



